



# Wayne State College Softball Skills Camp



Grades 7-12: December 11<sup>th</sup> 2011  
(If weather is bad we will reschedule for the next weekend)

Featuring:  
Head Coach: Krista Wood  
Assistant Coach: Jennifer Radley  
2011-2012 Wildcat Softball Team

Wayne State Recreation Center- Wayne State College  
(Parking available in Rec parking lot)  
1111 Main Street  
Wayne, NE 68787

**Registration from 8:30 a.m. – 9:00 a.m.**  
**Camp from 9:00 a.m. – 1:00 p.m.**  
**Cost: \$45 (No Refunds)**  
**Please RSVP by November 28<sup>th</sup>**

**Fundamental Session Topics to Include:**

- Fielding: Defensive drills, glove drills, throwing drills, and footwork.
- Hitting: Mechanics, Hitting the Inside and Outside Pitches
- Base Running/Sliding: Strategies for base running and sliding
- Short game: Bunting, slapping, and drag bunting.
- Speed and Agility: Ladders and agility drills
- Team Building and Goal Setting

*All participants will receive a Wayne State Softball Camp T-Shirt.*

**ITEMS TO BRING:** Players should come dressed for participation. It is recommended that you bring tennis shoes (NO black soled shoes) and water. All players must provide their own gloves, bats, and appropriate attire for sliding.

For more information  
Contact Head Coach Krista (Unger) Wood at:  
krunger1@wsc.edu or (402) 375-7522

**Additional information or registration online can be found at:**  
<http://www.wscsoftballcamps.com/>



# Softball Skills Camp Registration Form

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Age: \_\_\_\_\_ Grade: \_\_\_\_\_ School: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ Email \_\_\_\_\_

**Emergency Contact Information:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Home): \_\_\_\_\_ Phone (Cell): \_\_\_\_\_

T-Shirt Size \_\_\_\_\_ (Please indicate if youth size)

**Make Checks payable to Wayne State Softball**

***Mail Registration form and money to:*** Wayne State Softball  
Attn: Mitch DeBoer  
1111 Main Street  
Wayne, NE 68787

**WAIVER AND RELEASE:** I do hereby waive, and discharge Wayne State College Softball Program, Wayne State College Campus Recreation, and the respective staff, employees, of and from any and all rights and claims for damages resulting from injury to my person or property, which may be sustained or suffered by me in connection with my camp with or participations in or arising out of my traveling to the softball camp. We, the parents or guardians, agree to the above waiver and release and we join therein.

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(Mother's Signature / Father's Signature / Guardian's Signature)

**For office use only**

Paid: Amount \_\_\_\_\_ Check \_\_\_\_\_ Cash \_\_\_\_\_ Date \_\_\_\_\_